

Sarah Joelle Issa Keller

Clinical Psychologist, M.Sc.

SJK



Performance
to me means, being
able to develop
resilience

Qualification Sarah Joelle Keller graduated summa cum laude from New York University and magna cum laude from the University of Zurich. She currently is a Psychotherapist candidate and a Ph.D. Candidate.

Career path She received extensive training at the prestigious University Clinic of Cologne Germany closed Psychiatry where she completed her internship in clinical psychology as a cognitive behavioral therapist. She has worked in both inpatient and outpatient settings during her career. Furthermore she has published various studies on cognition and behavior. One of her Clients is the European Academy in Düsseldorf where she works as a solution oriented personal coach. Within this context she offers personal, academic and professional support, building competences and perspectives with and for her clients. Within this setting she very much enjoyed working supportively as an Integrations-Coach for the soccer team "Fortuna Düsseldorf".

Expertise Sarah Keller is fluent in German, English, Arabic and French. She provides comprehensive mental health services to the residents of Düsseldorf, Zürich, New York and London. Intercultural socialization, life experience and resiliency, openness, humor, authenticity and empathy make her an engaging and compassionate Psychologist.

Methods:

Cognitive Behavioral Psychology

Mindfulness

Relaxation Training

Positive Psychology

performance **up**

coaching • consulting • mindfulness